

Meatball Stew
(Shae Rippstein)

Broth:

1 can beef broth	1 t. sugar
½ c. water	1 can corn
1 can tomato sauce	1 can carrots
35 oz. tomatoes	1 can green beans
1 t. dried oregano	chopped onion

Meatballs:

¾ lb. lean ground meat	2 T. grated Parmesan cheese
⅓ c. bread crumbs	2 T. parsley
1 egg, slightly beaten	¼ t. pepper

Egg noodles

Bring broth to boil. Roll meatball mixture into balls and drop into boiling broth. Boil until meatballs are done, about 10 minutes. Add egg noodles and cook until tender.